Thursday 21st May 2020

Making a kindness jar.

Story time- Kindness Snippet Jar:
https://www.youtube.com/watch?v=goIozhmPL3Q

What you will need:

- plastic or glass jar
- art supplies
- post-it notes or colourful paper

Fill the jar with kindness notes about kind acts that you notice others doing throughout the day. I wonder if anyone will write one about you?

Maybe every time you do something kind you can put something in the jar to make it beautiful and colourful (sweets, pom poms, stickers)

After a while, open the jar and share all of the kindness notes.