## The world keeps getting kinder, singing out side by side

Instructions: Make a poster that reminds people about ways in which they can be kinder to the world and the people in it. It could mention ways of being kind in school (sharing what we have with others), at home (being patient with a sibling), online (being respectful to others), or to the environment (using recyclable materials), etc.

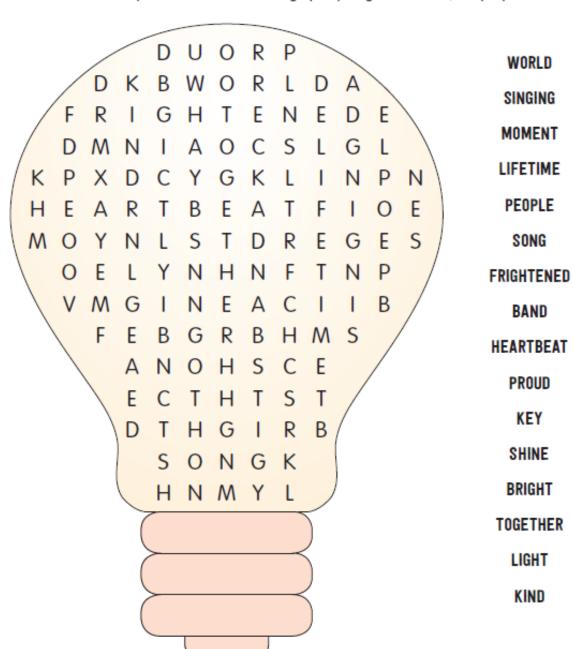
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Act of kindness	
	singup
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sing up.org

## The room keeps getting brighter as we shine a light

Do you know all of the lyrics to the song One moment, one people?

**Instructions:** Complete the word search below. As you find the words, think about what they mean and where you can find them in the Sing Up Day song *One moment, one people*.



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## Singing makes my heart feel joyful

Singing is a great way to lift your mood

Instructions: Write and draw in the boxes to complete the statements below.

This is me singing at school:	This is who I like to sing with:
Singing makes me feel	
My favourite song to sing is	
I sing when I am	
Singing makes me think of	

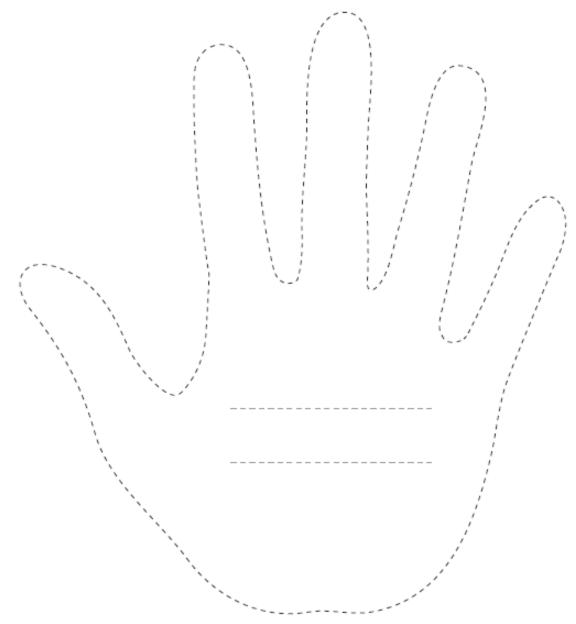
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## If you feel different, we will take your hand

Everyone can do something simple to make another person's day better and to help them feel included

Instructions: Draw around the template of the hand below and decorate the space around it.

Write inside the hand things you could do to make someone feel included, e.g. invite them to join in your game, sit at the lunch table with them, smile at them. Afterwards, decorate the hand and the space around it.



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