

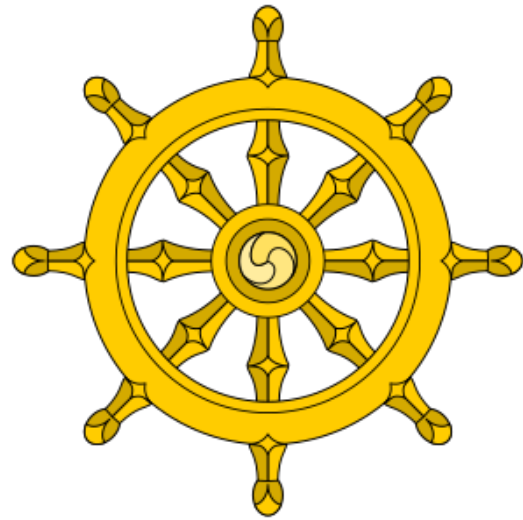
BUDDHISM

KEY QUESTION

What does it mean to live a good life?

KEY FIGURES

YEAR 4 | SUMMER 2

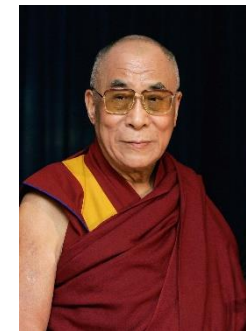


Buddha

The title given to the founder of Buddhism. Is not worshipped as a god but as a teacher.

Siddhartha Guatama

The Buddha. It is believed he was named this after finding enlightenment



Dalai Lama

The spiritual head of Tibetan Buddhism.

Dharmachakra (above) is the most sacred symbol of Buddhism

6% of the world's population are said to be Buddhists

More than **90%** of Buddhists live in East Asia

Buddhism dates back to around **2500** years ago

KEY VOCABULARY



puja



Pagoda



Stupa



Tripitaka



Wesak



Monks and Nuns

Make up a large part of the Buddhist religion. They pray in a temple

FOUR NOBLE TRUTHS



SPECIAL FESTIVALS

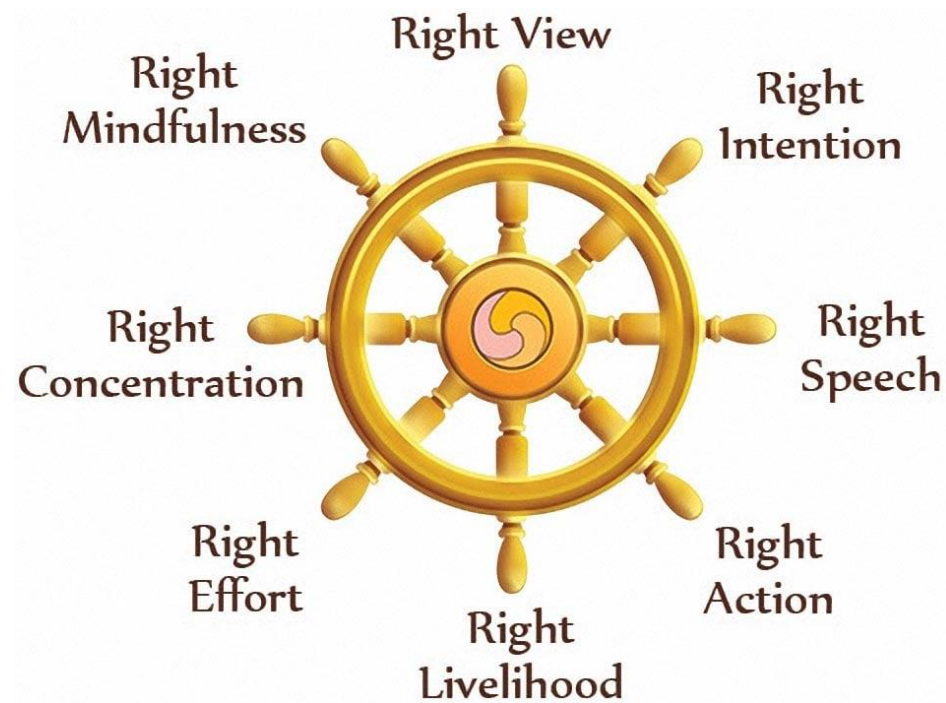
Nirvana Day is the annual Buddhist festival that remembers the death of the Buddha when he reached Nirvana at the age of 80. Buddhist either celebrate this on the 8th or 15th February.



Wesak celebrates the Buddha's birthday and marks his enlightenment and death. It is a colourful and happy celebration and it takes place on the full moon in May.



NOBLE EIGHTFOLD PATH



GLOSSARY

dharma

The Buddha's teachings, known as truth.

Eightfold path

The Buddha's practical instructions to reach the end of suffering.

enlightenment

The action or state of attaining spiritual knowledge or insight.

karma

The belief that actions have consequences. Past actions affect who are what they are in the next life.

Nirvana

The end of everything that is not perfect. It is perfect peace, free of suffering.

pagoda

A type of Buddhist temple found in China and Japan.

stupa

A type of Buddhist shrine.



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